



PATIENT INFORMATION - FOR PARENTS

## DENTAL EXTRACTIONS ADVICE



### **What to expect post-surgery**

A certain amount of bleeding from the tooth socket is normal and to be expected. If this appears excessive get a clean gauze/handkerchief wet in cold water and ask your child to bite down on this.

Your child may have some slight facial swelling; this is normal and should go down within 3-4 days.

Any sutures will be dissolvable and should disappear within 7-14 days.

Your child may be given a mouthwash to use; this should be started the following day and used as directed. If your child is not given a specific mouthwash you can give your child a glass of warm water to rinse after each meal.

Your child should avoid strenuous exercise or activities for the first 48hours.

Your child can continue to eat and drink normally but avoid very hot food and drinks for the first 24hours.

Most children return to nursery/school after a few days.

Please do not allow your child to use drinking straws for 24-48 hours as this may disrupt the healing.

### **Pain relief**

Any discomfort can be eased by giving Paracetamol and/or Ibuprofen. Take as instructed on the label on the bottle for maximum effect in the days following the operation. Your Nurses will explain when your child is due medication prior to discharge.

### **Follow up**

Any outpatient appointments will be made known to you prior to discharge.

You will receive 24 hours open access to Riverbank Ward, Worcestershire Royal Hospital post discharge. The ward can be contacted on 01905 760588.

**If your symptoms or condition worsens, or if you are concerned about anything, please call your GP, 111, or 999.**

### **Patient Experience**

We know that being admitted to hospital can be a difficult and unsettling time for you and your loved ones. If you have any questions or concerns, please do speak with a member of staff on the ward or in the relevant department who will do their best to answer your questions and reassure you.

### **Feedback**

Feedback is really important and useful to us – it can tell us where we are working well and where improvements can be made. There are lots of ways you can share your experience with us including completing our Friends and Family Test – cards are available and can be posted on all wards, departments and clinics at our hospitals. We value your comments and feedback and thank you for taking the time to share this with us.

### **Patient Advice and Liaison Service (PALS)**

If you have any concerns or questions about your care, we advise you to talk with the nurse in charge or the department manager in the first instance as they are best placed to answer any questions or resolve concerns quickly. If the relevant member of staff is unable to help resolve your concern, you can contact the PALS Team. We offer informal help, advice or support about any aspect of hospital services & experiences.

Our PALS team will liaise with the various departments in our hospitals on your behalf, if you feel unable to do so, to resolve your problems and where appropriate refer to outside help.

If you are still unhappy you can contact the Complaints Department, who can investigate your concerns. You can make a complaint orally, electronically or in writing and we can advise and guide you through the complaints procedure.

### **How to contact PALS:**

**Telephone Patient Services: 0300 123 1732 or via email at: [wah-tr.PET@nhs.net](mailto:wah-tr.PET@nhs.net)**

### **Opening times:**

The PALS telephone lines are open Monday to Thursday from 8.30am to 4.30pm and Friday: 8.30am to 4.00pm. Please be aware that a voicemail service is in use at busy times, but messages will be returned as quickly as possible.

If you are unable to understand this leaflet, please communicate with a member of staff.