

# Teenage and Young Adult (TYA) Service Newsletter

Edition: February 2023

## Welcome

The aim of this newsletter is to inform teenagers, young adults, families and staff what is happening across the region for patients aged 13–24 with a cancer diagnosis. Our service is made up of different professionals who offer age appropriate support. We see the young person first and the cancer diagnosis second.

## The TYA service has a logo!

Special thanks to Charlie, a previous patient of the TYA service who worked with the graphics team at UHB to come up with several different logo options. Staff and patients then voted on their favourite and this was the winning design!



We have been very busy spreading the news of the TYA team at the QE. Keep a look out for our new noticeboards dotted around our clinical areas. They are in the Cancer Centre near the front desk, in CCH in the treatment area and we have updated our noticeboard in YPU Daycare East 1A. We will continue to update them with any future exciting information!



## TYA Study Days

Available to all staff who work with TYA patients in the West Midlands. Available study day dates are:

- 17th May 2023
- 20th October 2023

Please email [tya@uhb.nhs.uk](mailto:tya@uhb.nhs.uk) to reserve a place.

# Find Your Sense of Tumour 2022

The West Midlands TYA service took 10 Young people to the Teenage Cancer Trust 18+ Find Your Sense of Tumour Event. This was the first time the event had been delivered face to face since 2019 and it was great to see so many people from across the country together again.

For more information on the under 18 and 18+ events please see

[www.teenagecancertrust.org/help-and-support/events-young-people/find-your-sense-tumour](https://www.teenagecancertrust.org/help-and-support/events-young-people/find-your-sense-tumour)



# The Little Princess Trust

The Little Princess Trust was established in 2006 and provides real hair wigs to children and young people. Since 2016 they have also funding research into paediatric cancers to improve patient outcomes through access to new treatments.

For more information please visit:

[www.littleprincesses.org.uk](https://www.littleprincesses.org.uk)



## TYA Christmas Party



We finished off 2022 with our annual Christmas Party held at Boston Tea Party for the first time in 2 years. 31 young people from across the region attended the festivities. An army of volunteers helped to decorate, support, and engage the young people throughout the evening. Activities included, various craft activities, bingo (with fabulous prizes!) always a favorite pass the parcel! Also, fabulous prizes! We ended with seasonal tunes! Special thank you to Julie and Cathy our Teenage Cancer Trust Youth Support Co-ordinators for organising.

## Meet the team



My name is Jo Fryer and I am the Teenage Cancer Trust Service Administrator and I help support the clinical teams deliver care to the TYA patients across

the region. I've recently joined the team and I'm really enjoying working with such a wide-variety of colleagues! I co-ordinate meetings, write reports, order patient information leaflets, liaise with different teams across the hospitals, lead on several projects and ensure patient information is used and stored correctly. I also work closely with the team to continuously update and find brand new ways to support our TYA patients.



For more information on available social events for TYA patients please see [www.facebook.com/UHBCancerTYA](https://www.facebook.com/UHBCancerTYA)