

Your Paediatric Diabetes Team



What you can expect from us: We will:

- Offer at least 4 clinic appointments per year with a Paediatric diabetes doctor, nurse & dietitian and to check your Hba1c
- Offer annual screening for complications including: blood tests for thyroid function and coeliac screen for all ages and cholesterol blood test, foot exam, urine for microalbuminuria and retinopathy screen (over 12 years)
- Offer psychological support for the child / young person and family when required
- As a team, be available for extra support, advice, troubleshooting and checkups by e-mail, telephone and in clinic
- Offer occasional home visits when needed
- Offer an additional appointment with a dietitian once per year and as required
- Offer ongoing education tailored to the needs of the child / young person and their care providers including structured education events, teaching in schools, home and clinics. Some of this will be included in social activities for the child / young person and their families to enjoy
- We will support the young person through the transition to adult Diabetes Services.

Our Aim:

To provide consistently high quality care to children & young people with diabetes, their families and care providers. We will offer support and education to enable the child / young person to become independent in managing their own diabetes by the time they reach adulthood.



What we expect from you as a parent/guardian or young person:

- To attend your 4 clinic appointments per year and have available your blood glucose diary and meter for review
- Where possible, to download pumps in advance of clinic appointments to enable a more thorough review and in-between clinics for further support and guidance
- To be proactive in reviewing blood glucose levels and adjusting insulin and to request support and advice when needed
- To participate in offered education to enhance skills for managing diabetes
- To use your diabetes service to gain the knowledge and skills to manage your diabetes independently.