**WAHT QI Team** - Are you ready to spread?

It is difficult to spread successful improvement initiatives into other settings. Without careful thought and planning, the gains made in the test ward/team will not be replicated.

What do we mean by ‘sustainability’, ‘scale up’ and ‘spread’?

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| **Sustainability** is ‘when new ways of working and improved outcomes become the norm.’ In other words, it is when an improvement has become an integrated and the mainstream way of working. It should withstand challenge and variation over time, through a process of continuous improvement’. | **Scale Up** is the process by which new working methods are tested by an increased number of teams, to increase degree of belief they work, **overcoming system/infrastructure issues** that arise. | **Spread** is ‘when best practice is disseminated consistently and reliably across a whole system and involves the implementation of proven interventions in each applicable care setting’. |

Below is a checklist to see if you’re ready to think about scale up or spread:

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| Are you seeing sustained improvement in your test area?  (improvement in your outcome measure that has been sustained, the changes have become ‘business as usual’ and no further tweaks are being made) | Yes 🞏 | No 🞏 |
| Can you clearly describe the components of the change package that you have implemented? | Yes 🞏 | No 🞏 |
| Does the change represent doing something *differently*, rather than just doing something *better*? | Yes 🞏 | No 🞏 |
| Can the changes be packaged in a way that can be easily understood and tested by adopters? | Yes 🞏 | No 🞏 |
| Do you have the relevant documentation to support the work undertaken?  (driver diagram, measures and data as time series analysis, PDSA documentation, flow charts, policies and procedures to support implementation etc.) | Yes 🞏 | No 🞏 |

If you can answer yes to all of the above, then your project may be ready to consider for spread.

NOTE: Any spread effort needs leadership approval (spread within a directorate needs DMT sign-off, spread across directorates need executive sign-off) as part of the Spread plan.