

Referral Form for Consideration of SYMPTOMATIC KNEE PAIN (Non-Traumatic)
including incidents occurring during routine activities

PATIENT DETAILS			
Date of Referral:		Date Referral Received:	
GP Practice:		Referring GP:	
Patient Name:		Patient Date of Birth:	
Patient Address:		Patient Contact Number:	
NHS Number:		Hospital Number (if known):	

POLICY CRITERIA – extract from full policy, which is accessible via this link
<http://www.redditchandbromsgrovecg.nhs.uk/about-us/strategies-policies-and-procedures/commissioning-ifr/?assetdet1029359=39308>

<p>Please provide the approved indication for referral:</p> <ol style="list-style-type: none"> Red Flags clinically or on X-ray* <ul style="list-style-type: none"> ❖ Suspicion of septic arthritis, osteonecrosis or slipped capital femoral epiphysis ❖ Fracture cannot be excluded ❖ Severe soft tissue injury with gross instability True Mechanical Symptoms defined as: <ul style="list-style-type: none"> ❖ Knee giving way DAILY or near daily for at least 1 month And/Or ❖ Episodes of locking in FLEXION Failure of non-operative interventions over 6 months without significant functional improvement, with no evidence of osteoarthritis** (either on X-ray* or signs/symptoms as defined) <p><small>* X-rays should be anteroposterior weight bearing (with “? OA” on order form), lateral</small></p> <p><small>** Evidence indicative of osteoarthritis (OA): Radiographic reporting features indicative of OA (including osteophytes, joint space narrowing, degenerative joint disease (DJD) Age 45 years of age or more with symptoms & signs clearly suggesting OA (NICE 2015):</small></p> <ul style="list-style-type: none"> • Affected joints are painful when used (+/- pain at rest, crepitus, limited range movement) • Affected joints become stiff after resting <p>Notes:</p> <ol style="list-style-type: none"> There is no access to knee MRI for primary or intermediate care providers as it is rarely indicated Patients with evidence indicative of OA should be managed via the Osteoarthritis Pathway with referral to secondary care, utilising the “Consideration of Knee Replacement Surgery” referral proforma, at the appropriate time. 	<p align="center"><u>Tick Applicable Indication</u></p> <p>Urgent (immediate telephone conversation) referral to Trauma Clinic (or A&E if closed)</p> <p>Early referral (within 10 working days) to Intermediate Provider</p> <p align="center"><input type="checkbox"/></p> <p>Routine referral</p> <p align="center"><input type="checkbox"/></p>
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SYMPTOMATIC HISTORY

Date of first presentation:/...../.....

Duration (months): _____

Symptoms:

- Knee swelling
- Point tenderness
- Jointline
- Other (please provide further detail overleaf)

Other symptoms:

MANAGEMENT HISTORY

Conservative/Non-operative Management undertaken :

Provider	Primary Care	Intermediate
Pain Management	<input type="checkbox"/>	<input type="checkbox"/>
Home Exercises	<input type="checkbox"/>	<input type="checkbox"/>
Risk Factor Management	<input type="checkbox"/>	<input type="checkbox"/>
Intra-articular injection	<input type="checkbox"/>	<input type="checkbox"/>
Physiotherapy	<input type="checkbox"/>	<input type="checkbox"/>
Structured exercise programme	<input type="checkbox"/>	<input type="checkbox"/>

*** 6 months total duration required unless *True Mechanical Symptoms* confirmed by Intermediate Provider ***

EXAMINATION/PMH/DH/ALLERGIES

REFERRAL CONSIDERATIONS

Are there any co-morbidities that need to be considered before surgery?
(Please provide details above)

Yes No

Have relevant co-morbidities been optimised as far as possible and the patient is willing to consider surgery (if clinically appropriate) at the time of referral?

Yes No

PATIENTS NOT MEETING THE POLICY

For patients who do not fall within the eligibility criteria set out in the policy but where there is demonstrable evidence that the patient has clinically exceptional circumstances, an Individual Funding Request may be considered. The referring clinician should consult the Commissioner's "Operational Policy for Individual Funding Requests" document for further guidance on this process.

<http://www.redditchandbromsgroveccg.nhs.uk/strategies-policies-and-procedures/commissioning-ifr-policies-a-z/>