

PATIENT INFORMATION

# BRONCHOSCOPY (WITHOUT SEDATION)



## IT IS IMPORTANT THAT YOU FOLLOW THE INSTRUCTIONS GIVEN IN THIS PATIENT CENTRED REPORT

Your procedure has been performed by: \_\_\_\_\_

You were not given a sedative drug before your procedure;

You may feel a little unsteady for a while, but this will soon settle.

You have been given a local anaesthetic throat spray, and should therefore have nothing to eat and drink until \_\_\_\_\_.

After this time, you may eat and drink normally.

You may have a sore throat for a short time after the procedure. This should pass within a day.

Rest quietly for the remainder of the day, with someone to stay with you to look after you

1. Your throat and airway have been sprayed with a local anaesthetic during your procedure; this affects your ability to swallow. You have been kept on the unit and given a drink so that we can be satisfied that your swallowing is back to normal before we send you home.
2. You may have a slight nose bleed following your Bronchoscopy. These are not unusual, but if it persists, or becomes severe, please telephone the number below for advice.
3. If you develop increased breathlessness, pain on taking deep breath, or high temperature, please telephone the number below for advice.
4. You may experience a sore throat or hoarse voice. This is not unusual and should ease within a day or so.
5. It is normal to cough up small amounts of blood after a Bronchoscopy, particularly if you have had a biopsy taken (removal of a small piece of tissue).
6. **If you are worried about the amount you are coughing up, (or if it is equivalent to an egg cupful), please telephone for advice straight away.**

If you have any problems or queries about your procedure:-

PLEASE TELEPHONE: Monday – Friday 8am-5.30pm -

Worcester Endoscopy Unit on 01905 733085

Alexandra Endoscopy Unit on 01527 512014

**In Emergency/outside of the hours above – The A&E department on 01527 512116.  
NHS 111**

A copy of your procedure report will be sent to your GP within 24 - 48hours.

Please ask if you have not received information about the results of your procedure before you leave.

**Nursing staff – please tick, as appropriate, the outcome from the Endoscopy report**

- ☐ **You do not need a follow up appointment.**  
We will contact your GP with the results of your procedure.  
Please make an appointment to see your GP if you have any further questions.
- ☐ **You will need to have this procedure again.**  
We will send you an appointment in roughly \_\_\_\_\_ weeks / months / years.
- ☐ **You have had some biopsies taken during your procedure.**  
The results can take up to 4 weeks to get to your GP
- ☐ **During your test, the Endoscopist found you had: -**  
\_\_\_\_\_  
\_\_\_\_\_
- ☐ **You have been given an information leaflet.**
- ☐ **The Endoscopist has spoken to you about your diagnosis (after your procedure).**
- ☐ **We will make an appointment for you to see your Consultant in the outpatient clinic.**  
  
When: \_\_\_\_\_ With: \_\_\_\_\_
- ☐ **Other: -**  
\_\_\_\_\_  
\_\_\_\_\_

**If you have any questions, please ask the nursing staff, who will be happy to explain anything you are not sure about.**

Filled in by (name): \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Time: \_\_\_\_\_

**If your symptoms or condition worsens, or if you are concerned about anything, please call your GP, 111, or 999.**

### **Patient Experience**

We know that being admitted to hospital can be a difficult and unsettling time for you and your loved ones. If you have any questions or concerns, please do speak with a member of staff on the ward or in the relevant department who will do their best to answer your questions and reassure you.

### **Feedback**

Feedback is really important and useful to us – it can tell us where we are working well and where improvements can be made. There are lots of ways you can share your experience with us including completing our Friends and Family Test – cards are available and can be posted on all wards, departments and clinics at our hospitals. We value your comments and feedback and thank you for taking the time to share this with us.

### **Patient Advice and Liaison Service (PALS)**

If you have any concerns or questions about your care, we advise you to talk with the nurse in charge or the department manager in the first instance as they are best placed to answer any questions or resolve concerns quickly. If the relevant member of staff is unable to help resolve your concern, you can contact the PALS Team. We offer informal help, advice or support about any aspect of hospital services & experiences.

Our PALS team will liaise with the various departments in our hospitals on your behalf, if you feel unable to do so, to resolve your problems and where appropriate refer to outside help.

If you are still unhappy you can contact the Complaints Department, who can investigate your concerns. You can make a complaint orally, electronically or in writing and we can advise and guide you through the complaints procedure.

### **How to contact PALS:**

**Telephone Patient Services: 0300 123 1732 or via email at: [wah-tr.PALS@nhs.net](mailto:wah-tr.PALS@nhs.net)**

### **Opening times:**

The PALS telephone lines are open Monday to Thursday from 8.30am to 4.30pm and Friday: 8.30am to 4.00pm. Please be aware that a voicemail service is in use at busy times, but messages will be returned as quickly as possible.

If you are unable to understand this leaflet, please communicate with a member of staff.