

What we do

Some patients who have bowel surgery will need to have a stoma formed.

A stoma may be temporary or permanent depending on the surgery performed.

Having a stoma will be life changing and we appreciate takes time to adapt to.

We provide support and information for patients, families and carers six days a week, Monday to Saturday.

If you have any concerns or worries about your stoma feel free to call us.

What we offer

We offer counselling, advisory and educational support to those about to undergo stoma surgery.

We update and promote optimum rehabilitation to established ostomists.

We are an educational resource for all health care professionals.

We liaise with primary and secondary health care teams to promote optimum clinical practice and enhance continuity of care.

Who we are

Our team is made up of three stoma care clinical nurse specialists.

We work closely with other clinical teams to provide you with the best possible care.



Donna Lewis

01905 760735

donna.lewis

@worcsacute.nhs.uk



Jane Gascoigne

01905 760735

helen.jane.gascoigne

@worcsacute.nhs.uk



Sara Richardson

01905 760735

sara.richardson

@worcsacute.nhs.uk

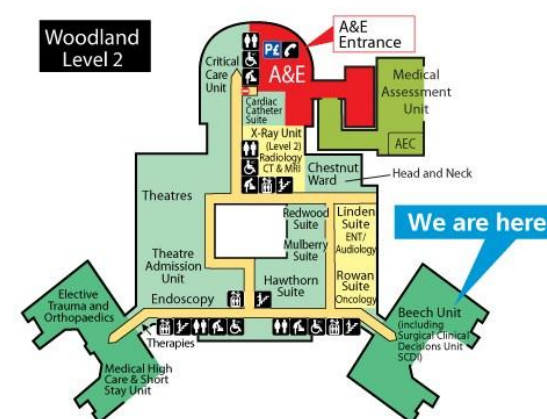
Answerphone available 24/7

Our department

We are available:

Monday to Friday 7.30am – 4pm

Saturdays 8.30am – 12.30pm



Stoma Care Department

Beech Unit, Level 2

Worcestershire Royal Hospital

Charles Hastings Way

Worcester

WR5 1DD

Appointments are available to meet with us Monday to Saturday. Please call us to arrange a time.

Referrals

Anyone can refer a patient to our department.

Before your surgery

We offer counselling, advisory and educational support if you are about to undergo stoma surgery.

Some of the topics we will discuss include:

- Stoma forming surgery
- Sexual related matters
- Individualised lifestyles
- Diet/fluid intake
- Holiday and travel
- Body image
- Exercise
- The fitting of support garments and risk of parastomal hernia

After your surgery

While you are on the ward we will introduce you to life with your stoma, carrying out initial checks and providing a care plan for you once you are discharged. We can assist you make the best choice of pouch for your individual needs.

When you are discharged from hospital we ensure that you are supported at home by the community stoma team and ourselves for as long as you need.

We also have up to date relevant information for you and your families, which we will give you before and after your surgery.

“We aim to give a high standard of personalised care to our patients and their families.”

“We will carry this out in a professional manner with an empathetic and friendly attitude.”

“We act as the patient’s advocate. We are able to give our patients the attention that they deserve during their treatment.”

PALS

Patient Advice and Liaison Service

Contact us for help

0300 123 1733

patientservices.dept@worcsacute.nhs.uk

If you would like this information in other formats or languages please call 0300 123 1732 or email

patientservices.dept@worcsacute.nhs.uk

Printed as a service by



Ref: WRH_SCD.indd

www.worcsacute.nhs.uk



Patient information

Stoma care department

Worcestershire Acute Trust NHS